

What is moxibustion?

Occasionally during treatments, it has been found that acupuncture alone is not sufficient to create the desired result. One of the most common ways acupuncture can be enhanced is moxibustion. This is a stick of compressed plant extract which is slowly burned and gives off considerable localised heat (smokeless) when held closely over the top of the inserted needle which in turn accentuates the therapy.



Lesley Green

MA, BSc (Hons), Dip N Lond, RGN Lic.Ac. Cert. C.B.S

Mobile: 07521 723699

Email: lesleytgreen@gmail.com Website: www.lesleytgreen.co.uk

